

Cougar Tracks

2017-2018 SCHOOL YEAR

EDITION 4—SEPTEMBER 6, 2017



Thank you St. Cyril for your generosity toward the Hurricane Harvey relief efforts. Donations of new items from the list sent last week can now be made in the office until September 14th at 3 pm.

You make a difference!



Preparing our students spiritually, academically & socially to take personal responsibility for a lifetime of faith, learning, leadership & service.

Calendar Reminders:

Friday, Sept. 8	Fall Ice Cream Social 5-7 pm on the Ramada
Thursday, Sept. 14	Pastries with the Principal in Nicholson
Monday, Sept. 18	School Board Meeting
Tuesday, Sept. 19	PALS Board Meeting in Dougherty
Tuesday, Sept. 26	Picture Day in Nicholson Hall
Wed and Thurs, Sept. 27 & 28	Health Days

IMPORTANT INFORMATION FROM THE HEALTH OFFICE

Health Days are going to be September 27th and 28th this year. (For new parents/students this means “health screenings” for all students.) If you have any questions concerning health days, please contact Gayle Manuel in the health office. Sixth, seventh, and eighth graders will be offered A FREE EKG by a cardiologist. Watch for permission slips!

Regarding Medications:

Due to a high number of Tylenol (acetaminophen) and Advil (ibuprofen) containers for students in the health office, Gayle will not be sending them on field trips unless specifically requested to do so before the field trip.



Fruit of the Month:
(Fruit of the Spirit)
September: Gentleness

Word of the Week:

name

Again, amen, I say to you, if two of you agree about anything for which they are to pray, it shall be granted to them by my heavenly Father, For where two or three are gathered together in my **name**, there am I in the midst of them.

Matthew 18:19-20

FREE ICE CREAM FRIDAY!

Ice Cream Social on Friday, September 8th. Free ice cream and entertainment for all families. Hear out children’s choir sing! Limited food available for purchase at the door. See you then!



Correction to the Handbook—
Pamela Tinley’s email is pamelat@stcyril.com

COUGAR ATHLETICS

Sports are in full swing. Varsity Basketball has their first game this weekend at SEAS, all other team games will be starting up on Sept 13.



Student-athletes are students first, then athletes. If they are not completing their homework and taking care of academics, they will be asked to leave sports until they have their academics in order.

There is no practice Tuesday, Sept. 12. All coaches will be attending a diocese meeting, so there will be NO PRACTICE. Students that are not picked up by 3:15 will be sent to afterschool!

Stay in the shade and drink plenty of water!

Sportsmanship is contagious, let's have an epidemic!

DRESS CODE REMINDERS

Some key points about the dress code:

- No nail polish except light colors in Junior High.
- New "family" logo only on polo shirts.
- Socks must be identical. Socks must be white, black, gray or navy. Any stripes, swishes, etc. must also be white, black, gray or navy.

PARENTSWEB DIRECTORY INFORMATION

Directory information will be available through ParentsWeb as soon as all families respond to the hot pink document in your Cougar Express. If you have changes to your family information, please let us know. If we have not heard from you by September 7th, we will assume you want ALL information to appear.

ANNUAL ATTESTATION FOR VOLUNTEERING AND OTHER COMPLIANCE INFORMATION

If you are a CATEGORY A PAL AND you have NOT watched the annual video or signed the annual attestation, please see Martha in the office as soon as possible! Everyone needs to watch the video annually.

Also, if you are wanting to drive on field trips OR drive for a sporting event AND you have not filled out the annual paperwork, please visit with Martha, also! Thank you for helping us keep our students safe.

REMINDERS!!!!

- Please make sure your child has eaten breakfast and has a lunch! Your growing child needs it!
- The first bell rings at 7:45 am, and the tardy bell rings at 7:50 am. It is very important to be on time to school.
- The lunch schedule is set but flexible. Teachers may, from time to time, have to change lunch times.
- When turning documents into the office, please put your full name on the documents. We have several families with the same surname, and sometimes it can be hard to know who turned in their paperwork.
- There should be homework every night in every department, especially in math. Please check RenWeb for more information nightly.

Prayer of the Week

God is Our Refuge

God is our refuge and strength, a very present help in trouble.
Therefore we will not fear, though the earth should change,
though the mountains shake in the heart of the sea;
though its waters roar and foam,
though the mountains tremble with its tumult.

God is in the midst of the city; it shall not be moved;

God will help it when the morning dawns.

The Lord of hosts is with us; the God of Jacob is our refuge.

From Psalm 46 as found on <http://www.xavier.edu/jesuitresource/online-resources/in-times-of-natural-disaster.cfm>



Thank you for understanding.

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