

# Cougar Tracks

2017-2018 SCHOOL YEAR

EDITION 22—FEBRUARY 14, 2018

## DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pleasures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

## SPRING EVENT & AUCTION COMING SOON!

Come celebrate St. Patrick's Day cougar-style at our 18<sup>th</sup> annual St. Cyril School Spring Event and Dinner on March 17<sup>th</sup> from 6 - 10PM. You'll enjoy an evening of dinner and dancing and have the opportunity to bid on some awesome items! We'll have the silent and live auctions and a new feature called the Pot O' Gold Raffle Race. Each person who purchases a VIP ticket (\$100) joins in the excitement of winning a special prize that is valued at no less than \$50.

We want to see all of our St. Cyril families and friends and have lowered the early-bird ticket price to \$25 to encourage everyone to celebrate with us. Make sure you get your tickets by March 11<sup>th</sup> to get this discounted rate. Tickets will increase to \$35 through March 16<sup>th</sup> and are \$50 the day of the event.

Also, don't forget about the Auction Item turn-in day on February 20th. There are two reasons to bring your items on this day (1) to help out the auction committee so we don't have to enter in the items at the last minute and (2) there will be a treat from Frost given out after school on February 21st for each student whose family brings their auction items on February 20th. Please see the Auction Item turn-in flyer in your School Express for more details.

So wear your green, support your school and celebrate St. Patrick's Day with your St. Cyril friends.



## TRACK SEASON COMING SOON!

4th through 8th graders can now sign up for track! Meets are weekends during March and April. **If you are interested in being trained as a track starter, please let Coach Schwab know.** You will be trained and work side by side with someone who has been a track starter for high schools. Remember, after school sports are a privilege, and students must maintain a 2.0 GPA and not be failing any classes. We are student-athletes, and the student comes first! In order to participate the first day of practice your sports packet must be completely filled out and turned in to the office!

Preparing our students spiritually, academically & socially to take personal responsibility for a lifetime of faith, learning, leadership & service.



### Calendar Reminders:

<b>Fri., Feb. 16</b>	PALS Movie Night
<b>Tues., Feb. 20</b>	Auction Item Turn-In Day
<b>Wed., Feb. 21</b>	Term 2 Ends Half Day—No After Care
<b>Thurs., &amp; Fri., Feb. 22 &amp; 23</b>	Rodeo Break
<b>Wed., Feb. 28</b>	Report Cards—via e-mail
<b>Thurs., Mar. 8</b>	PALS Commitment Sign-Up

**Fruit of the Month:**  
*(Fruit of the Spirit)*  
February: Love

**Please Pray For**  
\* Anthony Shelton—St. Cyril Alumni currently recovering in the hospital

**Thank you for the Tasty Treats!**  
Burgos Family  
Huether Family  
Duclo Family

\*Please fill out the pink form so we can thank you\*

**Word of the Week:**  
**Repent**

Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. **Repent**, and believe in the gospel."  
Mark 1:14-15

## Prayer of the Week

### Prayer for Ash Wednesday

Ashes to ashes, dust to dust  
All that is not of God must die  
All that is crushed will be restored  
All that is lost will be made new  
God may we repent of ways that do not serve  
you

And admit to the tensions that tell us where  
we need to change

Christ is coming walking towards the cross  
God may we see him clearly

Pouring out love  
Pouring out mercy  
Pouring out peace

May we kneel before him in humble  
adoration

May we take up our cross and follow  
And walk with Christ into the ways of life  
Amen.

Prayer found at: <https://www.catholic.org/prayers/prayer.php?s=105>

## COMMUNITY EVENTS

The **Tucson Arizona Boys Chorus** is now enrolling boys age 6-12. The Chorus has recently expanded and in addition to its central location is offering choirs in Vail, Sahuarita, and Oro Valley. Choristers have the opportunity to develop character, leadership, and core values through the study of vocal music and through local and world-wide performance and travel opportunities. Call [520-296-6277](tel:520-296-6277) or visit [boyschorus.org](http://boyschorus.org) for more information on our after school programs, upcoming open houses, and our summer camp opportunities.

### Save the Date!

#### Salpointe Catholic Education Foundation's 31st Annual Gala

Saturday, April 21, 2018 \* 6 o'clock in the evening

To purchase tickets and sponsorships, a login is required. Use your existing Gala website password or create a new account.  
[www.salpointe.org/gala](http://www.salpointe.org/gala)

### REMINDER—MOVIE NIGHT

Friday, Feb. 16th Doors open @ 6 PM Movie ends @ 8 PM  
Minion Parade @ 6:15 PM (Wear your minion gear!)

## SPORTS UPDATES

St. Cyrils' Varsity Basketball and Volleyball team did extremely well in the tournament. Our Boys Volleyball finished 5th, while our Girls Basketball finish 3rd! Great job Cougars!

2nd Season Sports banquet is this Thurs., Feb.15 @ 5:00 PM in Nicholson Hall. It is a Potluck style banquet, so boys bring finger food and girls bring dessert.



Track Season starts Feb. 19th. If you have participated in sports this year, all you need to turn in is a sports fee to be eligible for the first day of practice. If you are signing up for after school sports for the first time please pick up an athletic packet from the front office! **Any questions please see Coach Schwab!**

## IMPORTANT—REGISTRATION FOR NEXT YEAR IS BEGINNING!! PLEASE READ!

For all families who are returning next year, your PALS Handbook is included in this week's School Express. **If you are interested in applying for an appointed position, applications must be returned by next Wednesday, February 21st!**

If you do not have Category A compliance and are going to want to volunteer for a Category A position, please begin the process for Category A as soon as possible.

**PALS Sign Up Day is March 8th!** All families must have a confirmed PALing commitment before being able to register for next year. Please look for more detailed information in the next couple of weeks.

## SAVE THE DATE:

14 March 5:30-8:00 PM

### Science Fair Night

Just a couple of the presenters at this event include:  
Truly Nolen and the Brain Bus!



### CONGRATULATIONS!

Charlotte F.—Sacrament of Baptism  
in February  
Paloma G.—Sacrament of Holy  
Communion in February



### WINTER WEAR SALE!

GOAZ.promo is having a sale on all in-stock long sleeve and outerwear through the end of February. The code WINTER15 will get you 15% off of those items. Don't miss out!